

# Leading For Good



## Dr Jan Birtle

Jan is a Consultant Medical Psychotherapist, NHS clinical leader, Executive coach and highly experienced educator with a passion for making a positive impact. She has facilitated personal learning and growth in successful executives through to highly traumatised people who have found fulfilling ways forward.

Jan is keen to ensure individuals, groups and community systems develop resilience to hold conflicting tensions. She supports this aim by helping people look beneath the surface of their experiences allowing time and space for creative developments to emerge. Building communities involves listening to people who don't 'fit in' and taking seriously the voices of those excluded from mainstream society many of whom have backgrounds of trauma, dislocation and disruption resulting in difficulty establishing trusting relationships. Jan enjoys connecting across divides and in the service of this completed an open water swim crossing from Europe to Asia.

Jan is a qualified professional coach and Global Leadership Profile certified coach. She is Vice-Chair of UnseenUK and an Advisor to Streettalk.

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